



BANYAN TREE  
MAYAKOBA

# WOMEN'S RETREAT

FORUM  
SEPTEMBER 30TH  
10 a.m. - 4 p.m.

A LEGACY THAT TRANSCENDS

*Generations*

#WomensRetreat2025

#BanyanTreeMayakoba

# WOMEN'S RETREAT OPEN FORUM

Comes back to Banyan Tree Mayakoba, bringing together exceptional women leaders.

## CONFERENCE SCHEDULE

### REGISTRATION

*Check-in & welcome coffee break*

9:00 – 10:00

### A PAUSE FOR PRESENCE: BREATHING & MEDITATION

*Ana Paula Domínguez | President of the Mexican Yoga Institute*

Guided meditation to ground us in the present.

10:15 – 10:30

### ECHOES OF LEGACY: HOSPITALITY THAT TRANSFORMS

*Claire Chiang | Co-founder & Senior Vice President | Banyan Group*

*Renying Ho, Deputy Chief Executive Officer | Banyan Group*

Leadership in hospitality and business is measured not only by individual achievement but by the ability to create enduring impact across industries, communities, and generations.

10:30 – 11:30

### BUILDING LEGACY THROUGH INNOVATION AND FEMALE LEADERSHIP

*Zaira Zepeda | CEO and Co Founder of UnlockedAI*

Female leadership in business and technology goes beyond achievements, it's about opening doors, building networks, and driving innovation to inspire future generations.

11:30 – 12:30

### AWAKEN YOUR INNER LIGHT: CULTIVATING ABUNDANCE AND SELF-WORTH

*Kelsey Patel | Wellness expert, motivational speaker, and author*

Through energy healing and intentional practices, you'll learn how to release limiting beliefs, align with your true purpose, and attract abundance in both your personal and entrepreneurial life.

12:40 – 13:40

### THE VOICES THAT GUIDE ME: REWRITING OUR STORY, TRANSFORMING TOMORROW

*Ana De Saracho | CEO Lady Multitask*

With an honest and conscious approach, through personal reflections you will learn to identify and manage your inner voices, transform those that undermine your confidence, and rewrite your story to unlock your true potential.

13:40 – 14:40

### NETWORKING LUNCH

14:40 – 16:00

#### MORE INFORMATION:

Email: [FBService-Mayakoba@banyantree.com](mailto:FBService-Mayakoba@banyantree.com)

Phone: 984 138 0041

# WOMEN'S RETREAT PANEL



## CLAIRE CHIANG

**Co-Founder**  
*Banyan Group*

Claire Chiang is the Co-founder and Senior Vice President of Banyan Group, where she has played a pivotal role in the Group's development since its inception. She pioneered Banyan Gallery, the Group's retail business, and currently serves as Chairperson of China Business Development.

Claire's contributions to the arts, sustainability, and women's empowerment have earned her wide recognition. She was named Singapore's Woman of the Year in 1998, and in 2017, was honoured as a Friend of the Arts by the National Arts Council and received the Supernova award at the inaugural Women Entrepreneur Awards.

## RENYUNG HO

**Deputy CEO**  
*Banyan Group*

An active member in the creative and social business landscape in Singapore and Asia, Ren Yung has co-founded two pioneering businesses in the co-working and e-commerce space, as well as the founding chapter of Asia's largest, volunteer-run creative network.

She is a Red Dot for Pink Dot Business Leader, Steering Committee member of the Climate Governance Initiative, and founding member of the AVPN Gender Network and The Nature Conservancy Singapore Advisory Council.



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## **ZAIRA ZEPEDA**

**CEO & Co-Founder**

*Unlocked AI*

Zaira is a visionary Mexican entrepreneur and leader in technological innovation. She is the CEO and Co-Founder of Unlocked AI, the first community in Mexico dedicated to bringing artificial intelligence closer to small and medium-sized businesses, with the mission of democratizing access and generating a real impact on productivity and competitiveness.

With over 18 years of business experience, Zaira has driven projects that integrate technology, strategy, and women's empowerment.

## **ANA PAULA DOMINGUEZ**

**President**

*Mexican Yoga Institute*

Founder of the Mexican Yoga Institute, Ana Paula has dedicated more than 20 years to promoting holistic wellness in Mexico through corporate programs, national gatherings, and public health initiatives. She is an international speaker and advisor to companies and luxury hotels. She is certified in Hatha Yoga, Kundalini, Ayurveda, and meditation, and is recognized as one of the leading voices in wellness in the country.



# WOMEN'S RETREAT PANEL



## **KELSEY PATEL**

**Travel expert, TV host, pilot and journalist**

Kelsey J. Patel is a leading wellness expert and holistic healer. She is not only a sought-after spiritual empowerment coach, yoga teacher, Reiki healer, and meditation teacher, but also a multifaceted entrepreneur and inspirational speaker who's worked with major corporations to help address employee burnout.

Motivational speaker, and meditation teacher specializing in the Emotional Freedom Technique (EFT).

## **ANA DE SARACHO**

**CEO**

*Lady Multitask*

With over 25 years of experience in telecommunications and after leading high-impact teams, she now leads the well known platform Lady Multitask and is the president and founder of Yo en Gestión 360, where she works as a coach and mentor, helping women and organizations strengthen leadership and soft skills.

Named one of the most powerful women in business, Ana combines strategic vision with a strong commitment to empowering women and building more inclusive spaces.





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