



LAGOS CONTINENTAL

I N - R O O M

Dining Menu

All dishes in this menu may contain traces of Cereal (gluten), Nuts and Nut products, Sesame seeds, Crustaceans, Eggs, Mustard seed, Celery, Fish, Soya beans and Dairy products.

If you suffer from any form of allergy, or have any dietary requirements, please consult with the order taker.



Please note all deliveries to the room are subject to a tray charge of N2,000

Room Service numbers

☎ 1221, 1220, 1227

Breakfast

(Served from 06:30 – 11:30)



The Lagos Sunrise

39,500

Your choice of chilled Fruit juices

Orange, apple, watermelon or pineapple

Basket of Croissant and soft rolls

Served with butter, preserves, marmalade and honey

Nigerian style spicy scrambled eggs

Honey bean porridge

Boiled yam & fried plantain

Coffee or selection of teas and infusion



The International

49,500

Your choice of chilled fruit juices

Orange, apple, watermelon or pineapple

Selection from our bakery

Croissants, rolls, Danish pastry and muffins

Served with butter, preserves, marmalade and honey

Your choice of cereal

Cornflakes, rice crispy, Choco pops or granola

Served with cold milk

Natural or fruit yoghurt

Two farm eggs prepared to your choice

Chicken sausage, grilled tomato and pork bacon

Coffee or selection of teas and infusion, hot or cold chocolate



The Healthy Choice (V)

35,000

Your choice of chilled fruit juices

Orange, apple, watermelon or pineapple

Basket of cereal muffin and grain rolls

Served with honey

Bran cereal with seasonal fruit and milk

Natural yoghurt

Coffee or selection of teas and infusion, hot or cold chocolate

Breakfast A'la Carte



The Season's Sliced Fruits {V}

8,000

Choice Of Dry Cereal {V}

10,000

Cornflakes, rice crispy, all bran, Choco pops or granola Served with milk (full fat or skimmed)

Selection From Our Bakery {V}

25,500

Croissants, rolls, Danish pastry and muffins

Served with butter, preserves, marmalade and honey

Two Farm Eggs

9,000

Your choice of fried, boiled, scrambled, poached or omelet Served with chicken sausage, pork bacon and grilled tomato



Create Your Three Eggs Omelet

10,000

Choose from plain, mozzarella, cheddar, chicken sausage, tomato, onion, herbs or chili Egg white omelet is available on request

Nigerian style breakfast stew with white rice

27,000

Please ask your order taker for today's variety

Breakfast Specials

Oven-Baked Shakshuka {V}

14,500

Two eggs baked in a mix of stewed tomatoes-bell peppers-onions-garlic and spices



Moin-Moin & Pap {V}

10,000

Nigerian bean cakes served with mais custard

Pancake Stack {V}

12,000

Topped with cherry compote, syrup and walnuts

Selection Of Locally Sourced Cheese {V}

24,500

Dried fruits and nuts

All Day Dining

(Served from 11:30 – 22:00)



Starters

Selection of Mezze (V)

25,000

Hummus, potato harra, baba ghanoush, beetroot, olives and pickles Served with flat bread

Smoked Atlantic Salmon

32,500

Sliced and tartar| lemon | capers| honey - mustard

Basket of Shrimp Spring Rolls and Samosas

25,000

Spicy Raita sauce and Coleslaw

Nigerian Grilled Chicken Suya Skewers (3 pieces)

23,500

Spicy peanut rub| Tomato & onion| chunky chili salsa
French fries

Buffalo Mozzarella & Char-Grilled Vegetables (V)

40,500

Micro greens | balsamic glaze and virgin olive oil

Classic iceberg salad "Caesar Style"

Salad only

26,000

With freshly roasted chicken breast

34,000

With warm grilled shrimps

44,500

Seasonal Mixed Salad {V}

Side salad

9,500

Large

17,500



From the Cauldron



Roasted Pumpkin Soup {V}

17,000

Flavored with cinnamon | cream & croutons

Spicy Nigerian Pepper Soup

22,000

Choice of goat meat, chicken or fish

Mulligatawny Soup

15,000

A Tamil cuisine favorite prepared with chicken
curry & cream

Dough & Co.



The Continental club

35,000

Shredded chicken | turkey ham| egg | cheese
lettuce & tomato | French fries & Coleslaw

The Earl of sandwich

27,500

Classic sandwich – please choose from turkey
ham & cheese | tuna | pastrami or smoked salmon
On your choice of either white or brown toast bread
French fries & Cole slaw

Pure Wagyu beef burger on brioche bun

39,000

Grilled patty glazed with cheddar, tomato, gherkin,
onion & our own burger sauce| French fries & Coleslaw

Chicken Musakhan wrap

29,500

Slow cooked pulled chicken| smothered onion | nuts
sumac Served with hummus dip, pickles and French fries

Penne Arrabiata {V}

26,000

Tomato| chili| herbs and Parmesan shavings

Spaghetti Bolognese

28,000

Slow cooked meat ragout| tomato and Parmesan shavings



The Continental Pizza Express



Classic Pizza Margarita {V}

19,500

Topped with pizza sauce| herbs| Mozzarella

Pizza Diavolo

29,500

Topped with pizza sauce| herbs| spicy chili| prawn
Mozzarella

Pizza Primavera {V}

24,500

Vegetarian pizza topped with homemade pizza sauce
grilled artichokes & vegetables | Paneer cheese
herbs | Mozzarella



Pizza Naija

26,000

Nigerian style pizza topped with pizza sauce
spicy goat meat | herbs | chili | onion | garlic|
capsicum | Mozzarella

Pizza Pepperoni {P}

34,500

Topped with pizza sauce| pork pepperoni| herbs
Mozzarella

From the Stove & Grill



Slow Cooked SA Lamb Shank

72,500

Natural jus | vegetables | mashed potatoes
with grain mustard

Braised Farm Chicken Casserole

32,000

“Grandmother Style”

Cooked with red wine | root vegetables
onion | herbs & croutons

Indian Butter Chicken

27,000

Velvety curry made with spiced tomato & butter gravy.
Basmati rice



Grilled SA Beef Medallions

62,500

Black pepper corn sauce | seasonal vegetable

Classic Fish & Chips

31,500

Flaky croaker filet deep-fried in a crisp batter
French fries | tartar sauce

Seared Filet of Atlantic Salmon

52,500

Wasabi mashed potato | ginger-sesame butter

Something extra

French Fries

7,500

Buttered Mashed Potatoes

8,500

Sautéed Vegetables with Herbs and Butter

9,500

Basmati Rice

6,500



Nigerian Cuisine



Nigerian Tomato & Capsicum Stew

Accompanied with jollof rice and fried plantain

Your choice of:

Beef	35,000
Assorted beef	30,000
Goat	38,000
Chicken	30,000
Panla fish	32,000
Prawns	47,500



Hearty Nigerian Soup Selection

We offer Egusi, Ogbono, Edi kang-kong or Efo-riro

Your choice of:

Beef	25,000
Assorted beef	22,000
Goat	28,000
Chicken	22,000
Panla fish	24,000
Prawns	37,000

Served with traditional swallow

(Please indicate your preference of either yam, wheat or cassava)



Peppered Snail Casserole

48,500

Cooked with tomatoes, capsicums and spices

Jollof rice & fried plantain

Spicy BBQ Chicken Wings

26,000

French fries

Soho restaurant

specialties

Available from 16:00 to 21:30



Radish Cake	18,000
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Fried Tiger Prawns Szechuan Style	40,000
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Shredded Beef with Capsicum	24,000
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Singapore Noodles with Shrimps	18,000
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Sweets



New York Style Cheesecake	16,000
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Berry compote

Sacher cake	14,000
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Sumptuous chocolate cake layered with apricot jam

Crème Brûlée with vanilla	13,000
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Red velvet cookie

Sliced Fruits	16,000
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Selection of the season

"Before You Retire"	15,000
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Our double chocolate chip cookie, served with warm milk and honey



For those with special dietary requirements or allergies who may wish to know about the food ingredients used, please ask for the manager. All prices are in NGN

Overnight Menu

Served from 22:00 to 06:30



Early Riser Breakfast

46,500

Your choice of chilled fruit juices

Orange, , watermelon or mango

Basket of Croissant and soft rolls

Served with butter, preserves, marmalade and honey

Two farm eggs prepared to your choice

Chicken sausage, grilled tomato and pork bacon

The season's fruits

Coffee, decaffeinated coffee, selection of teas and infusion, Turkish coffee



Starters

Smoked Atlantic Salmon

32,500

Sliced and tartar | lemon | capers | honey - mustard

Basket of Shrimp Spring Rolls and Samosas

25,000

Spicy Raita sauce and Coleslaw

Seasonal Mixed Salad {V}

Side salad

9,500

Large

17,500

From the Cauldron



Spicy Nigerian Pepper Soup

22,000

Choice of goatmeat, chicken or fish

Roasted Pumpkin Soup {V}

17,000

Flavored with cinnamon| cream & croutons

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Dough & Co.



The Earl of Sandwich

27,500

Classic sandwich – please choose from turkey ham & cheese | tuna | pastrami or smoked salmon
On your choice of either white or brown toast bread
French fries & Cole slaw

Pure Wagyu Beef Burger on Brioche Bun

39,000

Grilled patty glazed with cheddar, tomato, gherkin, onion & our own burger sauce French fries & Coleslaw

Spaghetti Bolognese

28,000

Slow cooked meat ragout | tomato and Parmesan shavings



From the Stove & Grill

Braised Farm Chicken Casserole

"Grandmother Style"

32,000

Cooked with red wine | root vegetables | onion herbs & croutons

Grilled SA Beef Medallions

62,500

Black pepper corn sauce | seasonal vegetable

Seared Fillet of Atlantic Salmon

52,500

Wasabi mashed potato | ginger-sesame butter

Something extra

French Fries

7,500

Buttered Mashed Potatoes

8,500

Sautéed Vegetables with Herbs and Butter

9,500

Basmati Rice

6,500



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Nigerian Cuisine



Hearty Nigerian Soup Selection

We offer Egusi, Ogbono, Edi kang-kong or Efo-riro

Your choice of:

Beef	25,000
Assorted beef	22,000
Goat	28,000
Chicken	22,000
Panla fish	24,000
Prawns	37,000

Served with traditional swallow

(Please indicate your preference of either yam, wheat or cassava)



Sweets

New York Style Cheesecake	16,000
Berry compote	

Sacher cake	14,000
Sumptuous chocolate cake layered with apricot jam	

Sliced Fruits	16,000
Selection of the season	



Beverage

Served 24 hours

▶ Please scan the QR code to see our beverage list!